

# UNION COLLEGE

## Athletic Training Major 120 Hours

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Student

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Advisor

The first two years of the curriculum include all the Liberal Education Core class requirements and all Athletic Training prerequisites.

<b>Freshman Year</b>	
Fall Classes	Spring Classes
ENGL 111: Intro to Freshman Composition (3)	ENGL 112: Freshman Composition II (3)
HIST 110: Roots of Civilization (3) or HIST 113: Religion & Empire (3) or HIST 213: Rev. in Politics, Society, & Thought (3)	GNST 105: Igniting Higher Order Thinking (3)
UCE 100: Union College Experience (1)	Social & Behavioral Science Elective (3)
BIOL 101: Human Biology or BIOL 109: Elements of Biology (3)	BIOL 330: Vertebrate Anatomy and Histology (4)
Social & Behavioral Science Elective (3)	WELL 131: First Aid & Safety (3)
Fine Arts Elective Course (3)	
<b>Total Hours: 16</b>	<b>Total Hours: 16</b>

<b>Sophomore Year</b>	
Fall Classes	Spring Classes
200 Level English Course (3)	200 Level course in History, Philosophy, or Religion (3)
CHEM 230: Intro. to General, Inorganic, and Organic Chemistry (3)	MATH 110: Math Concepts (3) or MATH 131: College Algebra (3)
ATHT 131: Basic Athletic Training (3)	BIOL 331: Human Physiology (4)
ATHT 152: Bracing and Taping (3)	ATHT 210: Care and Prevention (3)
WELL 361: Principles of Nutrition (3)	ATHT 270: Palpation Anatomy (3)
<b>Total Hours: 15</b>	<b>Total Hours: 16</b>

### Admission to the Major

<b>Junior Year</b>	
Fall Classes	Spring Classes
ATHT 308: Practicum I (2)	PHED 421: Kinesiology (3)
ATHT 333/334: Therapeutic Modal. w/ Lab (4)	PHED 351: Test and Measurements (3) or ATHT 381: Corrective Exercise (3)
ATHT 341/342: Eval 1 Appendicular w/ Lab (4)	ATHT 322/323: Therapeutic Rehab w/ Lab (4)
ATHT 345: Evidence Based Medicine (3)	ATHT 309: Practicum II (2)
BIOL 151: Medical Terminology (2)	WELL 461: Nutrition for Special Needs (3)
<b>Total Hours: 15</b>	<b>Total Hours: 15</b>

<b>Senior Year</b>	
<b>Fall Classes</b>	<b>Spring Classes</b>
ATHT 408: Practicum II (2)	ATHT 409: Practicum IV (2)
PHED 410: Exercise Physiology (3)	ATHT 475: Senior Seminar (3)
ATHT 410: General Medical Concerns (3)	ATHT 375: AT Administration (3)
ATHT 425: Pharmacology (3)	ATHT 405: Advanced Rehab (3)
Two Hours of elective courses	ATHT 481: Leadership in Athletic Training (3)
<b>Total hours: 13</b>	<b>Total Hours: 14</b>

All students are required to complete the Graduation requirements as stated in the Union College Undergraduate Catalogue; these include completion of a minimum of 120 credit hours with 39 upper division credit hours.